

IMEC (Marie Cobel) with "Friends"  
September 13, 1985

### **Session 143: Using the 4 elements to create**

#### **Original Question:**

I'd like to continue a bit further with yesterday's discussion about using the 4 elements to create poisonous substances to affect insect/animal life. How can the individual best relate to this teaching if one lives in a shared household with other individuals who choose to use poisonous substances?

#### **Summary:**

Remember noninterfering? If you identify with earth energies, then there will be concern. But when we realize that we are an observer of but not rooted in this universe (the created world), our attitude will be lighter.

Intellect and emotion are in constant interplay to bring underlying beliefs to our attention. Living substances interpenetrate consciousness. Being embodied engages the energy of "destruction" (perhaps transformation would be a less negatively charged term for this.) Since destruction is programmed into the very fabric of our conceptual reality, *judging* someone for killing or using poison shows a misunderstanding.

The act of living on the physical plane engages an annihilation of substances. This transformation is a gift of understanding of consciousness. Being on the physical plane involves both creation and destruction and learning to recognize this as the middle road.

The created world is the product of human creativity/movement of consciousness. In that context humans – and other aspects of the created world - have power over what we create. But the uncreated substance from which we draw that power is not made by us and is unlimited.

If we imagine our consciousness in the middle surrounded by the 4 energies and draw from the information contained in each simultaneously, we could say we have connected into higher consciousness and knowing without having to pass through judgement.

*Report by Helene Ramos*